

FOREIGN
RIGHTS
SPRING
2024



Nutrimenti

☪ **Nutrimenti** was born in Rome in 2001 with the belief that books represent something essential and necessary for our knowledge and understanding, like food – nutrients, in fact. With nearly 600 titles in our catalogue we publish 30 new titles each year.

Our **fiction** series, with a vocation for quality literary writing, hosts many international authors as well as Italian ones. We have just launched a new Italian fiction series, Greenwich Extra, edited by established writers like Giulia Caminito, Paolo di Paolo and Alessandro Mari, wishing to explore different perspectives on contemporary Italian literature, unconventional and from the sidelines, new voices with many facets that can talk about the present.

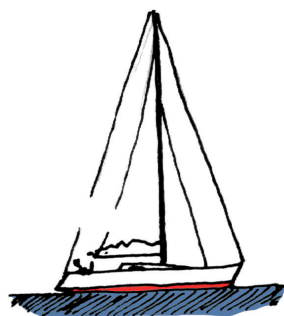
Among our authors Percival Everett, Don Robertson, Ivan Doig, Jane Urquhart, Ilja Pfeijffer, Marieke Rijkeveld, Domenico Dara, Giovanni Cocco, Giovanni Greco, Daniela Gambaro, Adrian Bravi.

Our **non-fiction** series focuses above all on current events, from civil rights to the environment, from politics to news.

Among our authors Mark Kurlansky, Barak Obama, Philip Lymbery, Marina Garcés, Roger McNamee, David McCullough, Mario Tedeschini Lalli, Roberto Fagiolo, Franco Giustolisi, Pier Vittorio Buffa.

Nutrimenti mare label makes us one of the leading publishers in Italy for sailing; great international literature about the sea as well as logbooks of contemporary navigators and technical manuals.

Among our authors Peter Nichols, Harry Thompson, Nick Ward, Ben Ainslie, Lars Larsson, Jeremy Evans, Barry Pickthall, Nick Compton, Mark Rushall, Stephen Bown, Davide Zerbinati, Davide Besana.



Adrian Brávi Adelaida

In this biographical novel the formidable, irreverent humanity of a woman and artist emerges and moves us, while the writing tells us about the power of memory, about love and the resistance to all attempts at cancellation and oblivion.

Adelaida Gigli was an anti-conformist, brilliant and ironic artist. Her portrayal by Adrián N. Bravi is heartfelt and vivid, and makes compulsive reading.

Alluring like Jeanne Moreau, spirited like Wisława Szymborska and a lover of cigarettes, like Ingeborg Bachmann, in the late 1940s Adelaida is in Buenos Aires, where she immerses herself in the city's political and literary life. Immediately after the coup in 1976 and the devastating loss of her two children, *desaparecidos*, Adelaida is forced to leave Argentina and return to Italy, to her native Recanati, where she begins a new artistic and personal life.

Adrián N. Bravi revisits with friendship and elegance the stages in the life of an extraordinary woman he had the opportunity to know and whose confidant he was, and, at the same time, he tells us about the dictatorship years, the political commitment of younger people, the cultural turmoil and the power of Argentinian literature.



Adrián N. Bravi, born in Buenos Aires in 1963, Adrian Brávi moved to Italy in the late 1980s and, after studying philosophy and working as a librarian, began to publish fiction in the late 1990s. He is the author of several novels, a children's book, and numerous articles and stories. His writing has been translated into French, English, Arabic and Spanish.



novel, january 2024, pp. 144

Longlisted for the Strega Award and the Campiello Award, 2024

“Adelaida’s whole life is a charming, gentle and loving protest against the harshness of dictatorships, three of which she escapes from and triumphs over.”

Il Mattino

Manuela Piemonte

The She-Cyclopes (*Le ciclopi*)

A collection of short stories about women who must get by with many uncertainties and emotional defeat. The she-cyclopes see the world through one eye only: just when they run after happiness, they claim their right to unhappiness.

In life's dark corners, between the province and the city, the she-cyclopes come across occasional, badly-paid jobs, love that's ended or never begun, ghostly visions and fantastical apparitions. What often awaits them is not a reward, but staff cuts, halved wages and misfortunes, and they now see life through just one eye. The moment they wish they could look away is precisely the time when they have to face reality.

In this collection about the world around us, about how we see it and the possibility of not demanding perfection and clarity from every moment of our journey, Manuela Piemonte does not shy away from tackling the important topics of the present with lucidity, irony and intelligence. Moreover, her protagonists are alive and kicking despite the generation to which they were born and the chaotic, unpredictable years when they must seek themselves at all costs.



Manuela Piemonte lives and works in Milan, where she was born in 1978. She translates fiction from English and Spanish, writes for the cinema and champions reading in libraries. Her writings have been published on several literary magazines. Her novel *Le Amazzoni* (Rizzoli 2021) won the Kilhgren-Malvasi prize and has been published in France, the Netherlands and Portugal.

Manuela Piemonte
Le ciclopi



novel, january 2024, pp. 128

“A ruthless, lucid but also poetical portrayal of everyday reality from the women's point of view. The women in these stories sometimes choose to look only with one eye because that makes it easier for them to adapt, keep going and plod ahead.”

Corriere della Sera

Francesco Aloia

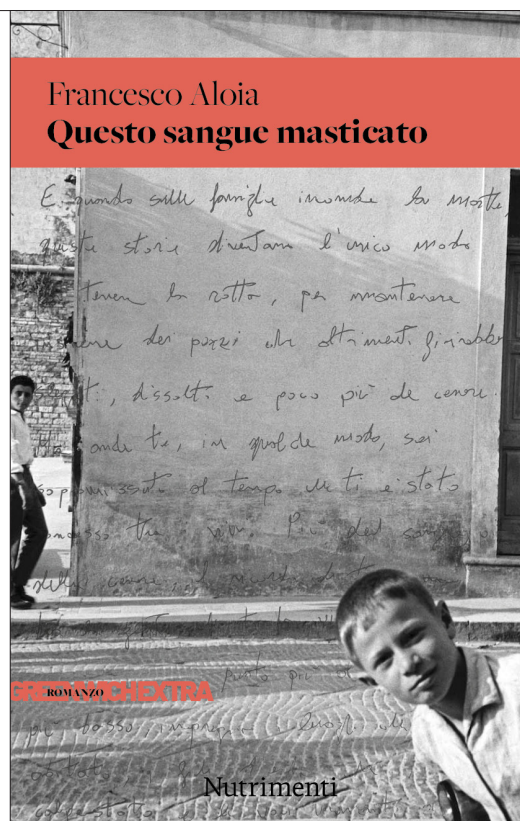
This Chewed-Up Blood (Questo sangue masticato)

The extraordinary debut novel by a young author who writes in order to settle scores with his grandfather, a Camorra boss.

“Gaetano Orlando (1930-1998), known as ‘Tanino’, for half his life was a husband, a thug, a man of honour, a fruit seller, a father and a prophet. He spent the other half of his life in prison. He gained notoriety in Naples following an armed duel, which he won on 16 July 1955 against one of the most famous Camorra bosses, Pasquale Simonetti. For the district of Marano and for his family he was certainly a great hero. But I, his grandson, cannot understand the reason. That’s why, over twenty years after his death, I’m trying to portray him through the recollections of his seven children, including my mother, shedding light on a secret my family tried to conceal: there was actually another duel in Tanino’s life, during which a stray bullet killed a three-month-old girl – the original sin that marked my family like a curse. Perhaps the only way of lifting it is to give life to one final duel, in the name of truth: the one between my grandfather and me.”



Francesco Aloia was born in 1999 and lived in Marano, outside Naples, until he was eighteen. He left because he was certain that there was nothing to tell about the place where he grew up. He then moved to Turin, where he attended the Scuola Holden and began writing only about his home.



novel, april 2024, pp. 208

Aloia with great lucidity tells the story of his family and that of Marano, near Naples, by wedging them into the most complex events of the Camorra network.

Mari Accardi

I don't have time to go to the sea

(Non ho tempo per andare al mare)

A highly entertaining, at times wistful comedy, about what it means to grow up and take responsibility for ourselves and our wishes.

A “mirror” comedy about tourists searching for real life and a family that shatters to pieces. After failing as a scriptwriter and seeking her fortune abroad, Matilde returns to Sicily and tries her hand at being a tour guide for a strange American company. The company’s aim is that the clients, enthusiastic, inebriated seventy-somethings, become so involved in her tour that they almost become her temporary family – a difficult task for someone who, like her, has been brought up to be cautious. Her father talks only to cats and spends his time shut in his old Audi, her mother won’t venture past the church and the supermarket, and her grandmother fears strangers intruding on her. The only person they trust is the carer who, however, vanishes, putting in danger both Matilde’s real family and her temporary one. Therefore, she must overcome her insecurities and learn truly to take care of others, because, deep down, we all need a “guide” in our lives.



Mari Accardi (1977) was born in Palermo. A graduate in Languages, she won the Subway-Letteratura competition in 2008. She has published short stories in several magazines and was selected by Granta for the issue “What We Write About When We Write About Italy”, dedicated to new Italian writers. Her novels, *Il posto più strano dove mi sono innamorata* and *Ma tu divertiti* were published by Terredimezzo.

Mari Accardi
**Non ho tempo
per andare al mare**



novel, june 2024, pp. 192

“As I watched the tourists sitting on the low walls by the flowerbeds or buying not very typical souvenirs and dodged questions about life in the times of the tyrant Dionysius, I felt more than ever out of place.”

Carolina Crespi

The Happy Crew (*La banda felice*)

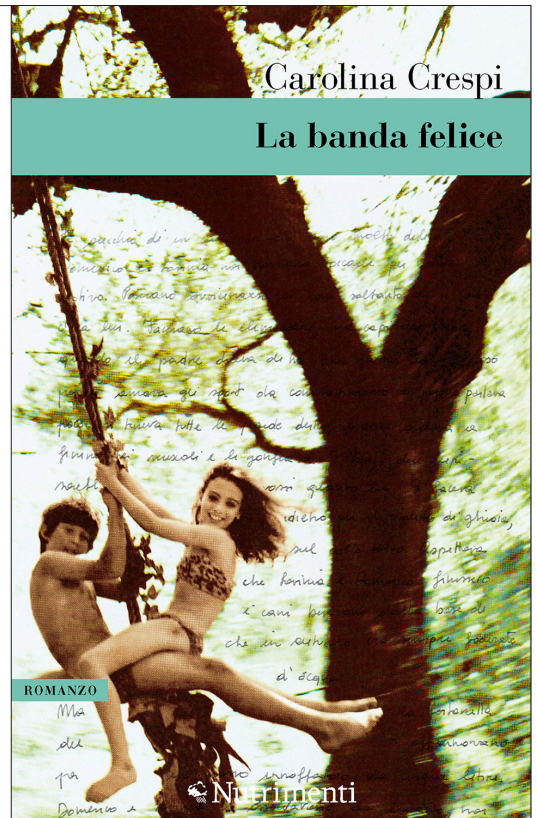
“A profoundly compelling narrative moment: someone vanishes, and those who remain must grapple with this void. A meticulously crafted prose.”

Paolo Cognetti

In a tough province in a vice between the allure of Milan and the towering Alps, Margherita discovers that sometimes chosen families and friends can fill the void left by those we are born into. She learns that the unhappiness we come from can turn into the happiness we strive for.

Margherita’s world undergoes a seismic shift when her younger brother, Giulio, leaves the family fold for ever. Following this rupture, her mother succumbs to apathy, while her father forms a deep bond with Domenico, a colleague, disappearing for days on end. As Margherita builds an independent adult life, she remains close to her mother and embarks on a physical and emotional journey through time, seeking the moments when their family was happy, and aiming to uncover what shattered that happiness.

A powerful story on the deeply human and political reasons for belonging.



novel, january 2023, pp. 176

“In her narrative, Carolina Crespi explores the intricate nature of time as it weaves, fractures, and reshapes human connections.”

Internazionale



Carolina Crespi, born in 1985, lives in Milan. She teaches at a middle school and contributes to the film and television magazine *Film Tv*. Her stories have been featured in various magazines and in the anthology *Quello che hai amato* (Utet 2015). *La banda felice* is her debut novel.

Paolo Massari

Your daughter Anita (*Tua figlia Anita*)

Embarking on a letter-long journey through memory, love, and life.

Where does one begin when telling a life story? What about a life shared with another person? Does the beginning matter or is there a more important detail? The university years, the shared apartment overlooking a vibrant square, the family meals where communication requires no words, passion, trying to start a family, dreams and disappointments.

Now that Anita has died, Giacomo can finally tell their story with an unusual and poignant sense of liberation. He addresses his words to her father, igniting a mysterious urgency in their conversation, divulging the most intimate aspects of their relationship. And why does he choose to share it with him, of all people?

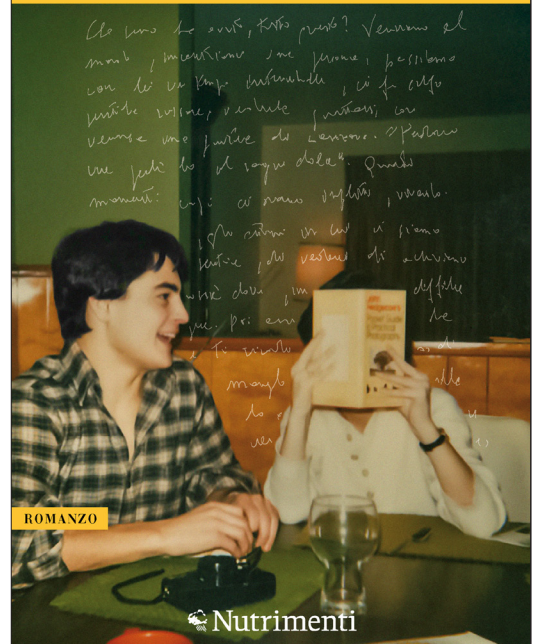
In transparent, subtle prose, *Your daughter Anita* defies traditional family norms, exposes the unspoken, and explores the implicit. It paints a vivid, emotionally charged portrait of a man and a woman who come to realise that love, above all else, involves embracing human imperfections.



Paolo Massari, born in 1988 in Rome, has a background in institutional and corporate communication, literature and new media. *Your daughter Anita* is his debut novel.

Paolo Massari

Tua figlia Anita



novel, october 2023, pp. 176

“A surprisingly emotional, yet stark prose, in which words are dear and only those that are strictly necessary are used.”

Romana Petri

“This novel reminds us of the importance of telling each other things while still on track and it gives voice to that melancholic guilt of not being and not being there enough”

La Repubblica

Daniela Gambaro

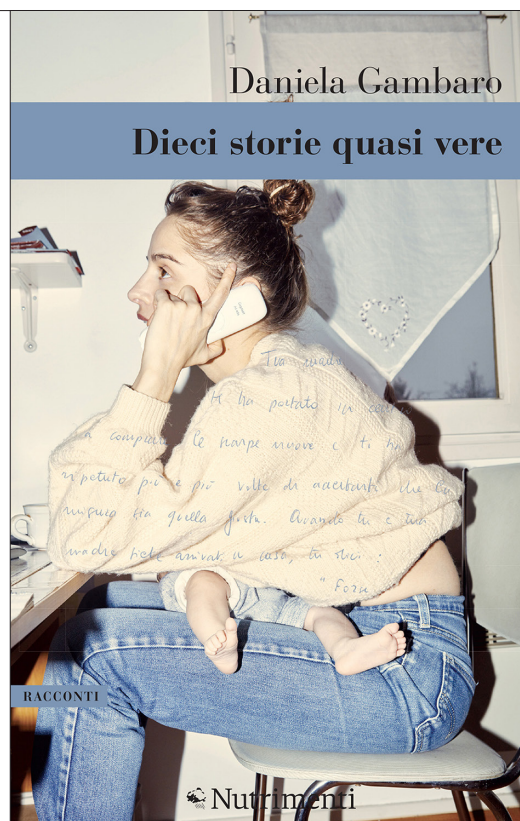
Ten almost true stories (Dieci storie quasi vere)

Ten stories inspired by motherhood.

A cool, hidden spot where all the toy balls and childhood secrets end up. A family looking for their lost tortoise just before moving. A child whose first smile selects who he will look like when he grows up. Another child who is born so small his mother dreams of having him sewn back into her belly. A mother who forgets her daughter in the car and goes to work and is unaware that tortoises can cry. A childminder who only eats fried chicken, wants to become a nun and forgets to turn off the gas. A spare room where a child cannot sleep because it harbours a secret so terrible it could bring the whole house down. A couple of parents who use made-up English so they can have adult conversations the children won't understand. A mother who has lost her child and is not satisfied with logic, common sense, mathematics or life. A luminous little girl who attracts mosquitoes and can't have popcorn at the cinema. Ten possible stories, glances at daily family lives. Light, accurate writing, able to convey even the most difficult, uncomfortable things, so real they are almost true.



Daniela Gambaro, born in Adria in 1976, she graduated from the University of Padua and attended the Centro Sperimentale di Cinematografia in Rome, graduating in screenplay in 2005. She works in the cinema and TV and lives in Rome with her partner and their two children.



novel, september 2020, pp. 136

Campiello Award 2021
Shortlisted Calvino Award 2019

“A pocket-sized decatalogue of possible motherhood”.

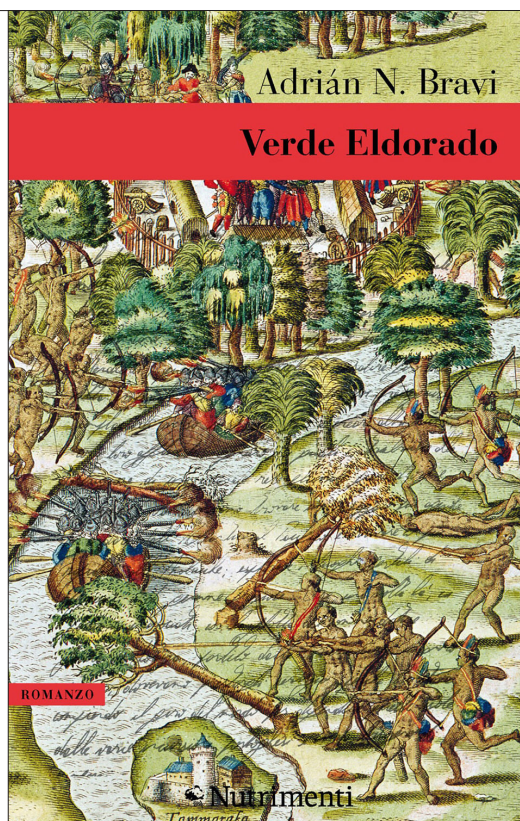
Corriere della Sera

Adrián N. Bravi

Green Eldorado (*Verde Eldorado*)

An existential parable that reflects on the themes of nature, language, integration and identity.

Left disfigured after a fire, Ugolino lives imprisoned in a hood because, in the very urban Venice of 1526, disfigurement is a shame to be hidden. Unable to tolerate him, his father packs him off on an expedition led by the legendary navigator Sebastian Cabot. On 3 April 1526, they sail off heading to the Maluku Islands but Cabot decides to pursue the tale he heard about a city made of gold and silver. The fleet enters Río de la Plata then sails up the Paraná and Paraguay rivers, where Ugolino and his four companions are captured by an indigenous tribe. They are immediately eaten, while he is spared thanks to the marks on his face seen by the natives as the touch of the God of fire. Ugolino then begins living with them while discovering a nature, a culture, a humanity and a language to be learnt and understood. A world where everything vibrates with reality and where the body of Giorgina, the young woman who gives meaning to Ugolino's roots, drives him to ask himself what the ultimate meaning of creation is.



novel, january 2022, pp. 176

“In *Verde Eldorado*, there is a strong affinity with magical realism in the prose, which moves between historical reconstructions and evocative imagery to question the body, its relationship with space, the otherworldly dimension, the sense of truth and its limit.”

Alice Pisu, *L'Indice*



Adrián N. Bravi, born in Buenos Aires in 1963, Adrian Brávi moved to Italy in the late 1980s and, after studying philosophy and working as a librarian, began to publish fiction in the late 1990s. He is the author of several novels, a children's book, and numerous articles and stories. His writing has been translated into French, English, Arabic and Spanish.

Gea Finelli

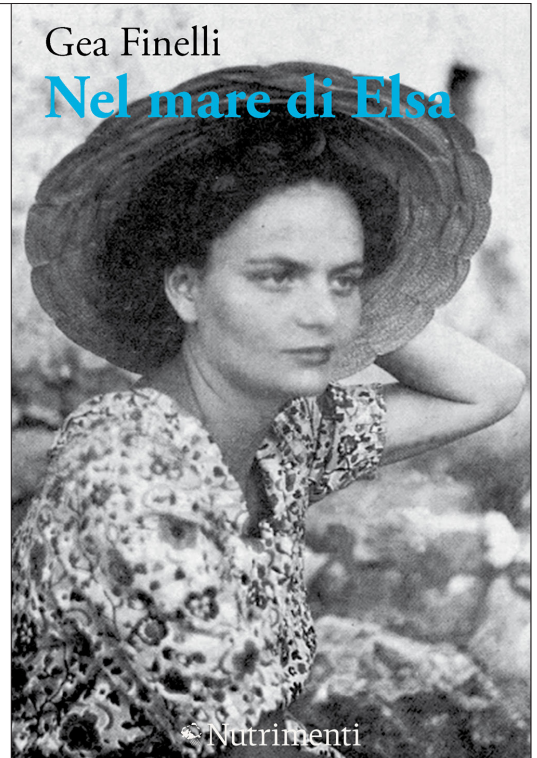
In Elsa's Sea (*Nel mare di Elsa*)

“Two women. The subtle rhythm of two hearts that have never met but beat as one. Two women and their words, like the sound of the sea against rocks.”

Maurizio De Giovanni

Elsa Morante stayed on the island of Procida for extended periods from the late 1940s to the early 1980s. It was precisely Morante's encounter with the enchanting island of Procida that kindled the initial spark of inspiration for her masterpiece, *Arturo's Island*, which won the Strega Prize in 1957.

Elsa Morante dreamt of Procida much like a ship that carries you away from life's anxieties, bestowing happiness and salvation. In *Elsa's Sea* reveals the sweetness of a magical and scarcely repeatable alchemical fusion between a place and a soul, both passionate and fragile. Her days on the island are told through the voices of those who still remember her or cherish their inherited memories and a distant dialogue with Gea who traces her footsteps on the island reveals a portrayal of Elsa Morante's complex and tormented personality.



narrative non-fiction, july 2023, pp. 176

“An extraordinary book about the great writer's visceral connection with the ‘fabulous’ island.”

Paolo Mieli



Gea Finelli has contributed to several prominent Italian newspapers and magazines, including *Il Mattino*, *L'Espresso*, *F*, *Natural Style*, *Viversani e Belli* and *Repubblica*, as well as Vatican Radio. She has also created and hosted television programmes and initiated a literary award. This is her debut book.

Alessandra Kersevan

Italian Concentration Camps

Ethnic cleansing and Fascist concentration camps for Yugoslav civilians 1941-1943 (Lager italiani)

The horror of a concentration camp system that led to the internment of over 100,000 Slovenians, Croats, Serbians and Montenegrins, thousands of whom died of starvation and disease. The story, testimonials and photos of one of the darkest chapters in Italian history – a tragedy removed from the national memory.

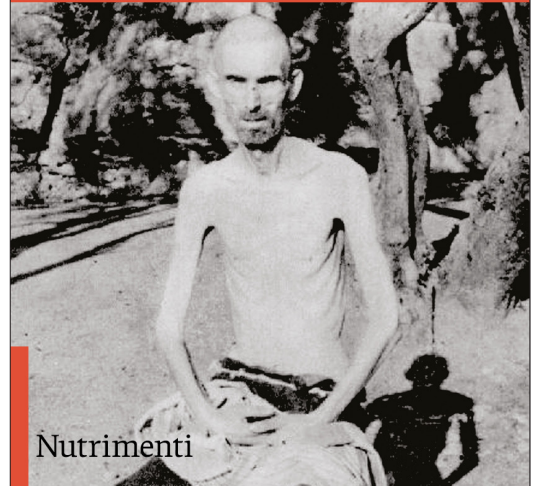
After the Nazi-Fascist attack on Yugoslavia, between 1941 and 8 September 1943, the Fascist regime and the Italian army implemented a system of concentration camps in which tens of thousands of Yugoslavs were interned: these were women, men, old people and children rounded up in villages burnt down with flame throwers. The goal of Mussolini and General Roatta, the creator of these concentration camps, was to wipe out all support for Yugoslav resistance on the part of the population, and to carry out true ethnic cleansing by replacing local people with Italians.



Alessandra Kersevan

Lager italiani

Pulizia etnica e campi di concentramento fascisti per civili jugoslavi 1941-1943



non-fiction, january 2024, pp. 384

“This is not a book that can be read in one sitting, and that’s a compliment to its documentary precision.”

Il Sole 24Ore



Alessandra Kersevan is a historical researcher who has spent years devoting herself to studying the history of frontier areas in Eastern Italy in the 20th century. Her published works include *Porzûs. Dialoghi sopra un processo da rifare* [*Porzûs. Conversations about a trial to be held again*], a study of one of the most controversial events of the Italian Resistance. She also made the documentary *The Gonars Memorial 1942-1943: il simbolo della memoria italiana perduta* [*The Gonars Memorial 1942-1943: the symbol of lost Italian memory*].

Roberto Seghetti

Taxes are Useful

Democracy and standard of living depend on the tax system

(Le tasse sono utili)

Nowadays, people who are well-off can still have good medical care, good education and good services, which enable them to improve their standard of living and social position. For others, on the other hand, who form the overwhelming majority, everything has deteriorated (to a greater or lesser extent, depending on their country): health-care, welfare, transport, schools, universities, etc. This includes the possibility of improvement and competing for important social positions with the wealthiest.

What can we do? The first step is a culture battle to uncover the hoax, contest those who tell lies, and prompt governments to act accordingly: it's only by fighting evasion that taxes can be cut for those who pay them. We must remember above all that taxes, however annoying, are the necessity without which we will lose our quality of life and will not have the means to face the challenges of the future.



Roberto Seghetti is a journalist interested in economics and politics (he has worked for the publications *Agi*, *Paese Sera*, *Il Messaggero* and *Panorama*). He has been Secretary of the Rome Press Association and head of the Press Federation, as well as finance spokesperson at the Ministry of Economics from 2006 to 2008. He has been head of the MA in Journalism course at Lumsa University and, from 2010 to 2013, press office manager for the Italian Democratic Party.

He has written essays on the topic of information.



Roberto Seghetti

Le tasse sono utili

Dal sistema fiscale dipendono democrazia e qualità della vita



Nutrimenti

non-fiction may 2024, pp. 192

The reason that paying taxes is useful and fair. A clear manual, rich in data and information, that debunks the liberal myth that favours only the wealthiest.

Roberto Fagiolo

Devastation and Shadows. The Ludwig Case (*Ferro, Fuoco e Ombre. Il caso Ludwig*)

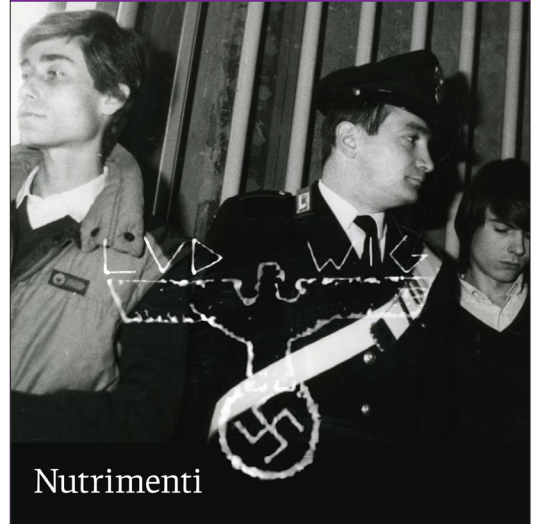
They operate in the dark, they are agile, silent and swift. They reach their objective and then there is no doubt or hesitation. They grab the hammer, seize the awl and drive it into the victim's head. That is how Don Armando Bison dies, in Trento, on the evening of 26 February 1983. It is one of the most chilling murders reported in the Italian news, signed by a pseudonym that is etched in our memories: Ludwig. Its brutality is on a par with the murders of the Monster of Florence, as is its ritualistic style. Only unlike those killings, these ones have culprits who are found, tried and convicted of murder and carnage. They were two brilliant university students who never admitted their responsibility. But other elements suggest that someone else, who has never been identified, may have been involved. So what was Ludwig? A pair of serial killers, a Neo-Nazi organisation or a kind of sect? Roberto Fagiolo reconstructs its every detail with precision.



Roberto Fagiolo, a television writer, has worked for Italian national TV (RAI) for many years, and was one of the authors of the programme *Sfide*. Since 2013 he has worked as an author for the history channel RAI Storia on the programmes *Il tempo e la storia*, *Italiani e poi* and *Passato e Presente*, presented by Paolo Mieli. Nutrimenti published his *Bottechia l'inafferrabile* (with Francesco Graziani, 2005), *L'ombra del Caravaggio* (2007), *Il segreto perduto di Schliemann* (2008), *Topografia del caso Moro* (2018), *Chi ha ammazzato Pecorelli* (2019), *Come svanì Emanuela* (2020) and *La piovra nera* (2022).



Roberto Fagiolo
**Ferro, fuoco e ombre.
Il caso Ludwig**



non-fiction, July 2024, pp. 192

Does one of the most chilling Italian news items still conceal a truth that never surfaced?

Giovanni Soldini

Ten years on the Ocean with Maserati

(Dieci anni in oceano con Maserati)

Drawing from his photographic archive, the ocean navigator Giovanni Soldini revisits all the records, victories, technological challenges and achievements, the successful results, research and evolution of his sporting association with Maserati. A partnership that, over ten years, has led to the achievement of important goals and to trying out new approaches to ocean navigation through the development of two boats: the monohull Vor70 and the trimaran Maserati Multi70.

With about 250 photos, Italy's most famous yachtsman talks about technical results but also difficulties and risks, and the most humanly and emotionally significant moments experienced over four trips around the world. The observation and protection of the ocean has also always been at the centre of the relationship between Maserati and Giovanni Soldini. This is why, in terms of energy progress, the Maserati Multi70 has combined a science project of collecting data with monitoring along its routes.



non-fiction/sailing, may 2024, pp. 240

While announcing a new project with Ferrari, Giovanni Soldini tells us about his ten years of working with Maserati.

The records, the regattas and going around the world four times.



Giovanni Soldini has over thirty years of ocean regattas under his belt, including two round the world alone (Around Alone, won in 1999 and gone down in history for the rescue of Isabelle Autissier, and the 1995 Boc Challenge), six Québec-Saint Malo, six Ostar, three Transat Jacques Varbre and over forty transoceanic trips. On board the Vor70 Maserati he established the Cádiz-San Salvador record and the New York-San Francisco Gold Route (13,225 miles in 47 days, 42' and 29"). He also established in 2015 the record for the Tea Route (3,300 miles in 21 days, 19 hours, 32', 54"). In 2023 with the trimaran Maserati Multi70 he led a round the world trip on totally independent energy.

Valentina Scaglia

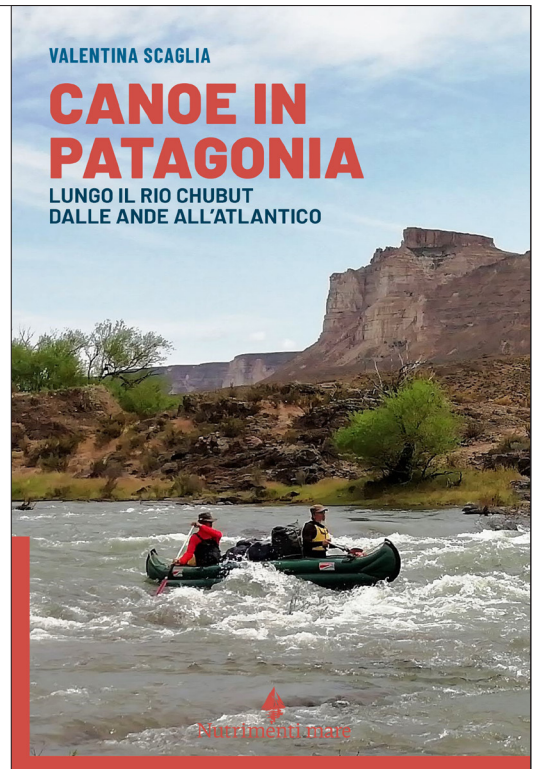
Canoeing in Patagonia

Along the Rio Chubut from the Andes to the Atlantic (*Canoe in Patagonia*)

“We decided to travel by canoe along the Rio Chubut, in Argentinan Patagonia, starting from the Andes and reaching the Atlantic. That would involve paddling hundreds of kilometres through an unfamiliar desert. In the beginning, things did not go as planned, and dangerous capsizing in cold waters led to a situation of near emergency. Then, with help from the gauchos, the voyage continued amid unforgettable encounters with people who live in sparsely inhabited places. For days, we paddled through an Eden, enjoying a wandering life on the surface of the stream, but then the Patagonian gods woke up again and violent winds blockaded us with tall waves and sandstorms. There were more capsizings, rescues and furious arguments. When we finally reached the ocean, we weren’t the same people anymore. In total, we had covered over a thousand kilometres following the wandering meanders of the Chubut.”



Valentina Scaglia, a naturalist by training, has worked as a journalist. She currently writes for *Meridiani Montagne*, for *Le montagne incantate* (Repubblica/National Geographic), and for the Swiss magazine *Azione*. She is the author of guidebooks for sailing in the Mediterranean and of *Wilderness in Italia*, dedicated to the last wild places left in Italy. She has explored unknown paths, from Calabria to Iceland, from Anatolia to Scandinavia. She has taken part in canoe expeditions since the 1990s in Canada, Siberia, the US, the Balkans, Central Asia and, more recently, Mongolia, Argentina and Chile. She has launched two projects that revolve around the knowledge of wilderness near and far: *A piedi nell’Italia del silenzio* and *Dove il Mediterraneo è ancora selvaggio*.



non-fiction/sailing, august 2024, pp. 224

The fascinating, adventurous journey by water of a group of canoeists across one of the planet’s most uninhabited regions.

Davide Besana

How to Win the Giraglia Rolex Cup

A Practical Manual for Winning the Queen of Mediterranean Regattas and her Sisters

(Come si vince la Giraglia)

Anyone can win an important regatta and this book tells you how to do it. It immediately explains that all it takes is a couple of errors to lose it, while you need to bear at least a hundred in mind in order to win it. “Every year, in late June,” Besana assures us, “somebody thanks me for this book because it has helped them win the regatta. As far as I’m concerned, a manual, whether it’s for a boiler or a regatta, has to do its job and leave you satisfied. I’ve put everything that contributes to victory into this book – and I mean everything: from the ideal route to toothpaste, from the larder to clothing, to medical and pop-psychology advice about exercising or tolerating command, to aperitifs and medicines. There are maps that allow you to brush against cliffs and an amusing language that makes it very palatable to the yachtsperson who wishes to improve and enjoy the sea and the regatta, even if it’s not the Giraglia Rolex Cup.”



Davide Besana is a well-known illustrator and author with a focus on sailing. He has published numerous illustrated books, worked as an illustrator for sailing magazines, and collaborated with Nutrimenti on several publications. Since 2015, he has lived in a village near the sea, close to his beloved boats.



non-fiction/sailing, may 2024, pp. 160

The new updated and complete edition of a book much loved by yachtspople, now hard to come by.

Davide Besana

100 Days on the Tyrrhenian Sea

(Cento giorni nel Tirreno)

A long journey across unfamiliar yet well-known seas

A logbook that offers a unique journey of rediscovery, extending beyond the sailboat, the sea, and the art of sailing itself. Day after day, Davide Besana captures the essence of his adventure in watercolours, as traditionally practised. In 2022, Davide Besana embarked on an expedition along the Tyrrhenian coasts aboard his forty-year-old boat, with no haste, intending to explore that which he had overlooked during his previous years of consumerist-paced sea travel. Setting sail from Naples in May, he spent five months navigating these waters, often in solitude, covering a distance of over two thousand miles of Tyrrhenian coast, Sicily and Sardinia. Along his journey he also held sailing and drawing lessons for children under the care of Save the Children and the Italian Naval League, in order to share his passion for the sea, but also the importance of communication and doing things together.



Davide Besana is a well-known illustrator and author with a focus on sailing. He has published numerous illustrated books, worked as an illustrator for sailing magazines, and collaborated with Nutrimenti on several publications. Since 2015, he has lived in a village near the sea, close to his beloved boats.



non-fiction/sailing, january 2023, pp. 128

